

HEALTH AND WELLNESS COMMITTEE OF THE CoA

Meeting Notes

September 6, 2016

9-10:30

7300 Calhoun Place

Commission Members: David Denton, Tammy Duell, Judy Peres, Mary Petrizzo

Guests: Marsha Weber, Dr. Alan Kaplan, Andrew Goldschmidt

Staff: Tina Purser Langley

Topic	Discussion Points	Decisions/Follow-up
1. Welcome & Introductions	Group introduction and welcome to Andrew Goldschmidt, guest speaker from National Association of Counties (NACo).	David recognized the hard work of Tammy, Mary and Tina on the Oral Health Summer Study.
2. Review and approval of minutes from July		Minutes approved as submitted.
3. NACo presentation of Live Healthy Program.	<p>Guest speaker, Andrew Goldschmidt, Director of Membership Marketing for NACo spoke with the committee about the Live Healthy - prescription, dental & health discount programs for MC residents. Andrew first introduced the Committee to the Magnitude of the Program:</p> <ul style="list-style-type: none">• Montgomery County was one of the original 17 pilot counties in 2003. Currently More than 1,300 counties are participating in the Prescription Discount Card Program with a total savings of over \$633 million since 12/2004.• He reviewed the specifics of the program which can be used anytime a prescription is not covered by insurance (both for un - and underinsured) ... even for pets.	<ul style="list-style-type: none">• Andrew shared the slide set with the specifics of the program with Committee members and Tina can make them available to other Commissioners.• The cards can easily be printed from NACoRx.org (print card for MC) and the other programs sign-up can be found @ NACoHealth.org.• Tammy suggested that county employees could be trained about the program;• Tina will send Andrew the AAA locations; Andrew will consider presenting at Health Fairs @ the

	<ul style="list-style-type: none"> • Andrew spoke to the expansions of the program to include Dental and Vision care which are not included in the Affordable Care Act. There is a small monthly payment for these programs but he stressed that these are not insurance programs. They can provide savings for anyone who does not have access or cannot pay for auxiliary insurance. • Discussion centered on dissemination and outreach about the program information (i.e. why the Committee members were not more familiar with the program). The program has waned in recent years. • All agreed that the Dental Discounts fit into the Oral Health Initiative. They would apply for dentists who participate in the Aetna network. 	<p>Senior Centers; promoting in Senior Beacon.</p> <ul style="list-style-type: none"> • Andrew will provide a provider list and a sample letter to Tina on how to sign up for the Health and Dental Discount program. • NACo is hoping for greater MC participation.
4. Public Policy Request for input from H&W Committee	<ul style="list-style-type: none"> • The Public Policy Committee requested input from the H&W Committee for a letter setting forth the CoA priorities which is due to Councilmember George Leventhal by October 11th for the 10/18 Budget meeting. 	<ul style="list-style-type: none"> • The H&W Committee asked for specific information on the pending bills that the PP Committee wants input. • CoA priorities will be a major focus of the 9/22 Annual Meeting - H &W Committee members need to be prepared with thoughts on priority setting (Oral Health being among the key priorities).
5. Oral Health Summer Study Report	<ul style="list-style-type: none"> • Tammy led the discussion on the Oral Health Summer Study for David. She spoke about the process and reviewed the draft recommendations for expanding and enhancing dental health services for older 	<ul style="list-style-type: none"> • The group acknowledged the excellent work done by the Summer Study Group and agreed with the recommendations. The Group will work to finalize the recommendations.

	<p>adults in MC. Tammy, Mary & Tina expressed appreciation for the time and effort spent by Dr. Yellowitz, UMD. Although there are 13 recommendations tend to cluster around three categories: Barriers; Strategies for Change (public awareness; finding funding partners etc.) and Clinical Services (developing pilot program, offer Dental Health Services Days etc.).</p>	<ul style="list-style-type: none"> • The CoA H&W Committee with continue the work of the dental services summer study throughout the coming year. • There is an important opportunity to provide input in the development of the new State Oral Health Plan. Robyn Elliott of the Maryland Dental Action Coalition along with the Maryland Office of Oral Health will meet to hear the recommendations of the Dental Summer Study Workgroup on Tuesday, October 4th 10-11:30 at the Rockville Library.
6. Announcements	<ul style="list-style-type: none"> • Judy Peres (CoA liason to the EOL Coalition) shared info about the 9/13 NIH Public Lecture with Ellen Goodman - "The Most Important Conversation We're Not Having". • Reminder: CoA Annual Meeting, September 22nd - Rockville Library, 10-3:30. • October 4th meeting to include special guest, Robyn Elliot of the Maryland Dental Action Coalition. Meeting is at Gaithersburg Library form 10-11:30. 	<ul style="list-style-type: none"> • The Lecture was free and people interested in advance care planning were encouraged to attend. The Conversation Project is something the EOL Coalition could look into supporting. • The meeting will include the Dental Summer Study Workgroup and will have a dialogue about the new Maryland Oral Health Plan.